



# WEEKLY LUNCH MENU

2/6-2/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTRÉE</b>	Chicken + sausage paella or baked chicken	*/**Cheese + marinara baked ziti	Beef hot dogs	Pork tacos	***Chicken pad thai
<b>ENTRÉE</b>	Vegetable + rice with green bell peppers	Rice noodles with tofu + broccoli	*/***Zucchini fritters	Rice + bean tacos	Veggie pad thai
<b>SIDE</b>	Steamed peas	Curried Cauliflower	*/**Corn bread	*Cajun style sweet potatoes	Steamed edamame
<b>SIDE</b>	Baked potato fries	Steamed green beans	Steamed broccoli	Steamed corn	Roasted carrots
<b>SOUP</b>	Dumpling	**Minestrone	**Chicken noodle	Tomato	Miso
<b>SPECIALTY SALAD</b>	Bruschetta	Bruschetta	Pico de gallo	Pico de gallo	****Sesame kale salad
<b>SANDWICH</b>	Choice of: SBJ or plain jelly, cheese, turkey, ham, salami on wraps or bread				
Salad bar includes: butter beans blend salad greens, vegetable crudités, flavored yogurts, cheese, olives or pickles, pita crisps or soft pita, wraps, bread, specialty spread, specialty salad and condiment bar with vegan mayo, ketchup, mustard, salad dressings.					
<b>DESSERT</b>	Variety of fresh fruit	Variety of fresh fruit	Variety of fresh fruit	Variety of fresh fruit	*/**/**Valentine's day treat

- \* Contains dairy
- \*\* Contains wheat
- \*\*\*Contains egg
- \*\*\*\*Contains sesame
- GF & DF dessert available

Butter Beans cooks all of our meals from scratch, and we source our foods from farms including: Hudson Valley Fresh, Up state farm collective, Applegate farms. Butter Beans reserves the right to change vegetarian side dishes depending on seasonality of fresh produce available to the chef.

**VEGETARIAN**  
**NON-VEGETARIAN**  
 Water + Milk  
 Served Daily



# WEEKLY LUNCH MENU

2/13-2/17	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTRÉE</b>	BBQ chicken drumsticks or baked chicken	*/**Mac and cheese with ham on the side	Ranch turkey burgers	Roasted turkey with cranberry sauce on the side	Chicken chow fun
<b>ENTRÉE</b>	*White corn + black bean quesadillas	*/***Leek fritters with *tzatziki sauce	Portobello burgers	Stewed white beans + tomatoes	Vegetable chow fun with tofu
<b>SIDE</b>	Refried pinto beans	Roasted brussels sprouts	*/**Cauliflower gratin	Steamed green beans	**Roasted squash wedges
<b>SIDE</b>	Steamed peas	Roasted carrots	Sweet potato fries	Vegetarian baked beans	Steamed broccoli
<b>SOUP</b>	Pesole	Tomato	**Chicken noodle	*Corn chowder	Miso
<b>SPECIALTY SALAD</b>	Greek salad	Greek salad	Bruschetta	Bruschetta	Cucumber + ginger salad
<b>SANDWICH</b>	Choice of: SBJ or plain jelly, cheese, turkey, ham, salami on wraps or bread				
Salad bar includes: butter beans blend salad greens, vegetable crudités, flavored yogurts, cheese, olives or pickles, pita crisps or soft pita, wraps, bread, specialty spread, specialty salad and condiment bar with vegan mayo, ketchup, mustard, salad dressings.					
<b>DESSERT</b>	Variety of fresh fruit	Variety of fresh fruit	Variety of fresh fruit	Variety of fresh fruit	*Apple rice crispy treats

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# WEEKLY LUNCH MENU

2/20-2/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTRÉE</b>		Baked potato bar with fixins	Turkey hot dogs	**/***/*****Mushu pork	**Spaghetti + ***/**/***meatballs
<b>ENTRÉE</b>		Marinated chickpeas	Herb tofu	*/***Zucchini fritters	Rice noodles with edamame
<b>SIDE</b>		*Creamed spinach	Vegetarian baked beans	Roasted carrots	*Cheesy broccoli
<b>SIDE</b>		Steamed broccoli	Sweet potato fries	Jasmine rice	Steamed corn
<b>SOUP</b>		**Chicken noodle	**Minestrone	Miso	Tomato
<b>SPECIALTY SALAD</b>		Cucumber + tomato salad	Cucumber + tomato salad	Green lentil salad	Green lentil salad
<b>SANDWICH</b>	Choice of: SBJ or plain jelly, cheese, turkey, ham, salami on wraps or bread				
Salad bar includes: butter beans blend salad greens, vegetable crudités, flavored yogurts, cheese, olives or pickles, pita crisps or soft pita, wraps, bread, specialty spread, specialty salad and condiment bar with vegan mayo, ketchup, mustard, salad dressings.					
<b>DESSERT</b>		Variety of fresh fruit	Variety of fresh fruit	Variety of fresh fruit	*/**/***/***Carrot cake w cream cheese frosting

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# WEEKLY LUNCH MENU

2/27-3/2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTRÉE</b>	Honey mustard chicken drumsticks or baked chicken	*/**Cheese tortellini with alfredo sauce + ham on the side	Grass-fed beef burgers	Singapore noodles with chicken	Chicken fajitas
<b>ENTRÉE</b>	*/**/**Corn fritters with Thai slaw	Glazed root vegetables	Warm lentil + chickpea salad	Vegetable + rice-stuffed bell peppers	Vegetable + red bean fajitas
<b>SIDE</b>	Steamed broccoli	**Roasted squash wedges	Baked potato fries	Peas + onions	Steamed zucchini
<b>SIDE</b>	Roasted Potatoes	Steamed peas	Roasted carrots	Steamed broccoli	Steamed green beans
<b>SOUP</b>	Lentil	*Corn chowder	Tomato	Thai hot + sour (contains coconut)	Gumbo
<b>SPECIALTY SALAD</b>	Carrot + apple salad	Carrot + apple salad	Coleslaw	Coleslaw	Pico de gallo
<b>SANDWICH</b>	Choice of: SBJ or plain jelly, cheese, turkey, ham, salami on wraps or bread				
Salad bar includes: butter beans blend salad greens, vegetable crudités, flavored yogurts, cheese, olives or pickles, pita crisps or soft pita, wraps, bread, specialty spread, specialty salad and condiment bar with vegan mayo, ketchup, mustard, salad dressings.					
<b>DESSERT</b>	Variety of fresh fruit	Variety of fresh fruit	Variety of fresh fruit	Variety of fresh fruit	*/**/**Ginger snap cookies

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